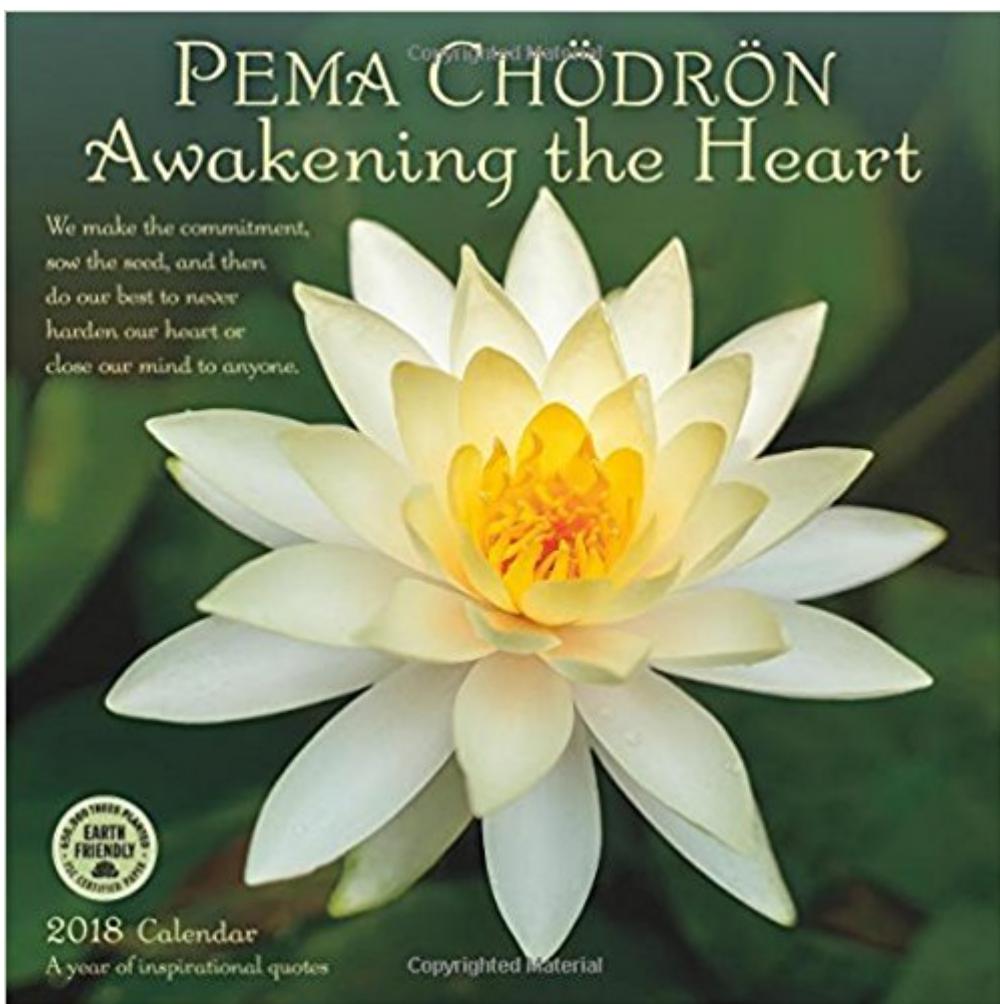


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# Pema Chodron 2018 Wall Calendar: Awakening The Heart â€“ A Year Of Inspirational Quotes



## Synopsis

The Pema Chādrālin: Awakening the Heart wall calendar features quotes from Chādrālin's book Living Beautifully with Uncertainty and Change and is designed to help us cultivate compassion, courage, and awareness within the challenges of daily life. These insightful quotes are paired with beautifully evocative and meditative nature photography. 12" x 12" wall calendar (12" x 24" open). A year of Pema Chādrālin's wisdom with meditative nature photography on your wall. Frameable artbook-quality printing. The perfect inspirational photography gift. Stunning photography by renowned photographers such as Flip Nicklin and Tim Fitzharris. Printed on paper sourced from a combination of sustainably managed forests and recycled materials. Published by Amber Lotus, an independent carbon-negative US company that has planted more than half a million trees since 2008. This calendar features US and Canadian legal holidays, phases of the moon, and important observances of the world's major religions. Pema Chādrālin is a leading exponent of teachings on meditation and how they apply to everyday life. She is widely known for her engaging and down-to-earth interpretation of Tibetan Buddhism for Western audiences. Chādrālin is the author of several best-selling books, including Comfortable with Uncertainty, When Things Fall Apart, and Start Where You Are.

## Book Information

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## Customer Reviews

Pema Chādrālin is an American Buddhist nun and one of the foremost students of Chāgyam Trungpa Rinpoche, the renowned Tibetan meditation master. She is resident teacher of Gampo Abbey in Cape Breton, Nova Scotia, the first Tibetan monastery in North America established for

Westerners. Chödrön is widely regarded as one of the preeminent spiritual teachers in the West and is the author of many best-selling books, including When Things Fall Apart, The Places That Scare You, and Living Beautifully with Uncertainty and Change.

Inspiring photos and quotations, excellent quality paper.

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